Swimming at St Andrew's





Swimming and water safety has been a statutory element of the national curriculum

for physical education (PE) programme of study since 1994. You need to give your child the chance to learn to swim. Swimming is lots of fun and children especially love getting in the water and enjoying themselves. The most important reason is that swimming is the only sport that can save your child's life.

Our swimming lessons take place at Rochdale Leisure centre.

Swimming coaches' focus on teaching and assessing that pupils can:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- · use a range of strokes effectively
- perform safe self-rescue in different water-based situations

Our current year 6 cohort achievements for 2022-23:





